

# UPDATE

SEDONA JOURNAL OF

# Emergence



## How to Use the Solar Eclipse to Change Your Life

Grandfather through Robert Shapiro

14 August 2017

Solar eclipses are always about the opportunity to change. They are not about some kind of automatic transformation that happens and you don't have to do anything but rather for people who want things to change in some way, especially with their personal, individual lives.

The thing to do before an eclipse is to say prayers or, even if you are not religious, say out loud quietly (it is nobody's business but yours) exactly what you want to happen. Don't talk about what you don't want to happen anymore. Your physical body and the Sun will work together to bring about what you do want to happen.

Keep in mind that if what you do want to happen will cause harm to somebody else, it won't happen. This

is about your life for you, so revenge won't make your life any better. You just think it will. It won't cure whatever needs to be cured even if you feel completely justified in taking revenge.

Ask for the life you want to have.

**Robert Shapiro** is a professional trance channel who has several series of books published by Light Technology Publishing: *The Explorer Race* (24), *Shining the Light* (7), *Shamanic Secrets* (4), *Benevolent Magic* (1), and *Ultimate UFO* (2). He is a mystical man with shamanic capabilities well and thoroughly infused into him who teaches through blogs, the *Sedona Journal of Emergence*, and books. It is his intention to bring about the most benevolent change available on the planet through sharing his personal inspirations as well as his channeling. Learn more at [Google.com/+BenevolentMagic](http://Google.com/+BenevolentMagic).

